

U.P. FOOD EXCHANGE

growing local food systems

The U.P. FOOD EXCHANGE (UPFE, The Exchange) is the primary regional food hub for Michigan's Upper Peninsula, providing coordination and support for local food activities across the U.P. The organization is led by the Marquette Food Co-op and MSU Extension in conjunction with the Western U.P. Health Department. UPFE serves as a resource portal for farmers, businesses, and

individuals looking to connect with and actively participate in their local food system. The Exchange coordinates local food transactions through an online marketplace where U.P. farmers, institutions, and businesses can link up. Additionally, UPFE offers a knowledgeable pool of educators, farmer training programs, and hosts an annual UP food systems meeting as well as other community education efforts.

